



## School Workshops

Our workshops provide young men across WA a chance to **challenge stereotypes, change culture** and **take responsibility** for their impact on each other and the world.

Our vision is that young men are equipped with the ability to speak up in the moments that matter and effectively cope with life's biggest challenges.

We focus on practical and solution-oriented skills young men can use to improve the way they treat themselves, each other, and their communities.

Suicide is the leading cause of death for young men in Western Australia.

Adherence to rigid gender roles is linked to an increased likelihood of suicidal thoughts.

Young men are overrepresented in the stats around perpetration of violence, suicide and drug or alcohol-related deaths.

# We offer a three-workshop school program:

## Workshop One Challenging Stereotypes

We know that men who subscribe to traditional stereotypes have a higher rate of suicide, risk taking behaviour and acts of violence.

However it isn't all bad, and it doesn't all need to be thrown out. Being loyal, strong and working hard are admirable traits.

This workshop assists young men to navigate the complex path of what parts of the traditional stereotype we should keep and what we should set aside.

Building on young men's strengths, rather than deficits, we collectively determine what is the best path forward to support ourselves as well as our mates.

## Workshop Two Changing Culture

In order to fit in, often we have to conform to the norms around us. For young men, this involves leading or taking part in banter and deprecating language towards any forms of difference. The rule is: Join in or be the next target.

In this workshop, we create an environment where young men are empowered to Stand Up for their individuality and for what they value in their lives. Whilst banter can be a means of connection for young men, they also need to be equipped to productively call-out banter that goes too far. This workshop gives them the chance to practice that.

## Workshop Three Taking Responsibility

Regret is a hard pill to swallow at any age. For young men, often they are taught to forget about regret and simply move on.

But what if they were equipped to take a meaningful sense of responsibility in how they treat others?

In this workshop, we build a collective sense of responsibility for owning up to the negative traits that we may have exhibited throughout our lives. We then practice the first steps to making amends through our words as well as our actions.

## The logistical bits

**TIME** Each workshop is 2-hours without a break.

**WHO** We can work with a maximum of 35 students per workshop. We work with Year 10 and above only. We work with anyone who identifies as male or wishes to learn more about young men's relationship with the male stereotype. We have significant experience working with gender-diverse students.

**PLACE** A classroom with no thoroughfare or distractions for the 2 hours.

**SUPERVISION** At least one teacher to be in attendance throughout the workshop for any duty of care issues that arise.

Ideally, it is a male teacher who has a relationship with the students.

**HARDWARE** A TV or projector with HDMI plug-in. A whiteboard. Sufficient chairs for all students. (Desks not required.)

**COST** \$1,200 plus GST per 2-hour workshop.

Travel costs will also be incurred.

*In certain circumstances, a subsidy for workshop costs may be available.*



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